



EXPOSURE CONTROL PLAN

PRATTVILLE YMCA

EMPLOYEE PROTECTION

- Employees are required to have their temperature taken immediately upon entry and will not be allowed to work if they have a temperature above 100.4.
- Employees are required to sanitize hands immediately upon entry. Proper hand sanitation includes using soap and water for at least 20 seconds. When soap and water are not available use an alcohol based hand rub with at least 60% alcohol.
- All employees will be verbally screened for their health and safety using the questions below. Those answering yes will be deemed to be at-risk and will not be allowed to access the facility.
 - Have you been in close contact with a COVID-19 positive person or anyone displaying symptoms?
 - Are you experiencing cough, shortness of breath, fever in the last 48 hours, a new loss of taste or smell, or vomiting/diarrhea in the last 24 hours?
- Employees are required to wear a mask when interacting within 6 feet of another individual.
- Employees are to sanitize hands regularly through out their shift.
- Employees are to stay home if feeling ill and report any symptoms of COVID illness to supervisor.
- Employees are to avoid touching their eyes, nose, or mouth with unsanitized hands.
- Employees are to follow appropriate respiratory etiquette, which involves covering for cough and sneezes.
- Employees should not congregate in one space in groups of greater than 10 people and should always practice 6 foot social distancing.
- Employees should limit the sharing of equipment such as phones, pens, desks, computer, etc. When sharing equipment is essential, the equipment should be disinfected between use.

MEMBER PROTECTION

- Members are required to have their temperature taken immediately upon entry and will not be allowed to enter if they have a temperature above 100.4.
- Members are required to sanitize hands immediately upon entry.
- All members will be verbally screened for their health and safety using the questions below. Those answering yes will be deemed to be at-risk will not be allowed to access the facility.
 - Have you been in close contact with a COVID-19 positive person or a person displaying symptoms? (Healthcare Professionals who have had contact with a COVID-19 positive person will be asked if they were wearing all required and appropriate PPE at all times while exposed to the person.)
 - Are you experiencing cough, shortness of breath, fever in the last 48 hours, a new loss of taste or smell, vomiting/diarrhea in the last 24 hours?
- Members are to stay home if feeling ill.
- Members are to follow appropriate respiratory etiquette, which involves covering for cough and sneezes.
- Members should not congregate and should always practice 6 foot social distancing.

FACILITY ADAPTATIONS

- Employees are to conduct disinfecting of high-touch surfaces and equipment hourly.
- Amenities temporarily not available; group sitting areas, drinking fountains, child watch, coffee service, and towel service.
- Guests and Nationwide Y access will not be permitted until further notice. Only Prattville YMCA members.
- Increased signage throughout the buildings to mandate directional flow, encourage physical distancing, promote cleaning efforts, and clearly marked hand sanitation stations.
- All internal doors, where able, will be propped open or have foot plates so hand contact will be avoided.
- Maximum room occupancy will be posted for rooms. This occupancy will be no more than 50% of the fire marshal room capacity.
- Locker rooms should be used on a limited basis and all usage must maintain 6 foot social distancing.
- Each YMCA facility will designate a room to be a self-isolation room in the event a member or employee becomes ill. The ill person will immediately be sent to this room until he or she is able to leave the facility. They will be required to wear a mask until they leave and the room will be disinfected 24 hours after the individual leaves the room.

RESPONDING TO COVID-19

YMCA response to a staff person or member who is confirmed to have COVID-19 or has had meaningful contact with a person confirmed with COVID-19 and has been in our facility within the past 48 hours:

1. **Contact Investigation:** Administration will take steps to identify the scope of the risk immediately. The individual will be interviewed to determine all people they may have come into meaningful contact with in the YMCA during the 2 day period prior to the onset of symptoms or for an individual with no symptoms, interaction 2 day period prior to date the test was conducted. **Meaningful contact** involves contact of less than 6 feet for a cumulative time of 15 minutes in a 24 hour time period even if wearing a mask, shared eating or drinking utensils, the person sneezed, coughed, or somehow got respiratory droplets on you. Administration will also identify all areas within the YMCA where the individual was physically present during the same time period. Persons who tested positive for COVID-19 and have recovered do not need to be quarantined again or be re-tested for at least 90 days unless they develop new symptoms consistent with COVID-19 infection.
2. **Notification:** All individuals that had potential meaningful contact with the individual with confirmed COVID-19 will be notified of their potential exposure. They will be notified that, out of an abundance of caution, the YMCA is requesting that they not return to the YMCA for at least 14 days since the last point of contact with the individual. These people will be encouraged to self-isolate and seek all medical care and testing that they feel may be appropriate.
3. **Facility Closure and Cleaning:** The areas of the facility that were exposed to the individual with COVID-19 will be closed for 2 days. No one will enter the areas for the first 24 hours to minimize potential exposure to respiratory droplets. Outside doors and windows will be open to these areas as much as possible during this 24 hours to allow for air circulation. After 24 hours, all surfaces touched by the infected individual will be disinfected in accordance with CDC guidelines. <https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html> If it has been more than 7 days since the person with confirmed COVID-19 visited or used the facility, additional cleaning and disinfection is not necessary. The closed areas may be reopened once they have been properly disinfected.
4. **Returning to the YMCA:**
 - Positive COVID-19 with Symptoms:** May return to the YMCA when at least 24 hours have passed since having a fever without the use of fever-reducing medications and improvement in respiratory symptoms, AND at least 10 days have passed since symptoms first appeared.
 - Positive COVID-19 and Asymptomatic:** May return to the YMCA after 10 days since the day the COVID-19 test was done.
 - Negative COVID-19 with Meaningful Contact with a Positive COVID-19 Person:** May return to the YMCA 14 days from last meaningful contact. Each time meaningful contact occurs, the 14 days starts over again. Family members that are not able to isolate the positive family member in the home and eliminate meaningful contact, will have to quarantine for an additional 14 days once their family member is released from quarantine. This would mean a minimum of 24 days for individuals in the same household that continue to have meaningful contact. See the definition of meaningful contact above.